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Convinced that nutrition was, in many cases, the answer to regaining and maintaining health, Ms. Balch opened a health food store called Good Things Naturally, testified before Congress on the efficacy of natural healing, and in 1983 she published what is now known as Prescription for Nutritional Healing.

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Leg ulcers (LU) are one of the most frequent complications in individuals with sickle cell disease (SCD). Old reports and unofficial documents found at the Nutrition Outpatient Clinic in a reference center for hematological diseases (NOC/RCHD) describe the use of oral supplement (OS) hypercaloric, hyper protein and arginine-rich (OS/HHA) for the healing of leg ulcers.

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